WELCOME...  
......to “Learn, Explore, Discover!”  
- your guide to meeting your unique learning goals.

LEARN
Diplomas, skill training, ESL and more!

Join the DSBN community to achieve your personal goals. Whether you want to get your high school diploma, prepare for college or university, improve your English language or literacy skills, or upgrade your training for a new career, there are countless options available to you. We have learning centres across Niagara, so you are sure to find the courses that meet your needs close to where you live or work.

EXPLORE
Looking to learn a new hobby, keep your mind fit or keep your body moving? From cake decorating to website design to hip hop for health, our General Interest courses offer fun and creative ways for you to explore your talents and interests.

DISCOVER
Can’t find what you need… let us help you. Give us a call, email us, or visit our website -- to keep it simple, we have listed our contact information at the bottom of this page. We want to keep in touch with you, so we can meet your needs, and the needs of our community. We can help you Learn, Explore and Discover your potential!

Ed Stavnitzky  
Administrator  
Adult & Community Education

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TO REQUEST YOUR ONTARIO STUDENT TRANSCRIPT
If you are a former student of the DSBN and have been out of school LESS THAN 5 YEARS, contact your former Secondary School for your official transcript.

If you are a former student of the DSBN and have been out of school MORE THAN 5 YEARS or your school is now closed go to www.dsbn.org/community and select Get Your Transcript, or call Transcript Services at 905-641-2929 ext. 54157 for more information.

If your last school attended was not a DSBN school please contact the last school you attended to request your transcript.

ADULT & COMMUNITY EDUCATION
District School Board of Niagara  
905-687-7000  
CommunityEd@dsbn.org  
www.dsbn.org/community
GENERAL INTEREST REGISTRATION

ADULT & COMMUNITY EDUCATION LOCATIONS

GENERAL INTEREST

Beamsville District SS
4317 Central Avenue, Beamsville
905-641-2929 x. 81709

Eden High School
535 Lake Street, St. Catharines
905-641-2929 x. 81893

Fort Erie SS
7 Tait Avenue, Fort Erie
905-641-2929 x. 81890

Grimsby SS
5 Boulton Avenue, Grimsby
905-641-2929 x. 62522

Port Colborne High School
211 Elgin Street, Port Colborne
905-641-2929 x. 81891

Welland Centennial
240 Thorold Road West, Welland
905-641-2929 x. 81892

Westlane SS
5960 Pitton Road, Niagara Falls
905-641-2929 x. 81894

CREDIT COURSES

Fort Erie Secondary School
7 Tait Avenue, Fort Erie

Grimsby Secondary School
5 Boulton Avenue, Grimsby

Lifetime Learning Centre
535 Lake Street, St. Catharines

Port Colborne High School
211 Elgin Street, Port Colborne

Stamford Collegiate
5775 Drummond Road, Niagara Falls

St Catharines Collegiate
34 Catherine Street, St. Catharines

Welland Centennial
240 Thorold Road West, Welland

Westlane Secondary School
5960 Pitton Road, Niagara Falls

BY MAIL:

January 11 - 27th, 2016
VISA/MASTERCARD, cheque or money order, complete the form on back page and send to:
Adult & Community Education
Lifetime Learning Centre
535 Lake St., St. Catharines, Ontario L2N 4H7
One form per course. Mail-in registrations processed as received.

If you are delivering registration forms in person during the registration period, please drop it off at Lifetime Learning Centre – 535 Lake Street – Room 101 (Lake St. & Linwell Road) between 9:00am to 3:30pm

BY PHONE:

January 11 - 27th, 2016
VISA/MASTERCARD, Call 905-687-7000 between 9:00am to 3:30pm

BY FAX:

January 11 - 27th, 2016
VISA/MASTERCARD, Fax to 905-646-7042

IN PERSON:

February 1st, 2016, 6:00pm - 8:00pm
Cash, cheque or money order only. Applicants must register at the school where the course is to be held. No credit cards will be accepted on site.

FEES:

• Fees listed include HST (receipt will show HST)
• Asterisk (*) indicates material costs are extra
• Seniors Discount (65 yrs+) is 25% on course fee only

ACCESS FOR PHYSICALLY CHALLENGED:

The physically challenged are encouraged to inquire about accessibility at the time of registration.

CANCELLATION OF CLASSES/REFUNDS:

• Refunds will be granted prior to the SECOND scheduled class
• A charge of $15.00 will be deducted to offset registration costs
• The District School Board of Niagara reserves the right to terminate, combine or transfer to another school, any courses in which enrolment falls below the acceptable level
• Requests for refunds must be directed to the local General Interest site supervisor
• Registration receipts must accompany all refund requests
• All classes cancelled due to inclement weather will be made up at the end of the season

HOLIDAYS (no classes)

Family Day February 15th, 2016
March Break March 14 - 18th, 2016
Easter March 25 - 28th, 2016

adult & community education | district school board of niagara | 905-687-7000
Places you can find us:

1. Beamsville District Secondary School (Beam)
2. Fort Erie Secondary School (Fort)
3. Grimsby Secondary School (Grims)
4. Lakeview Public School (Lake V)
5. Westlane Secondary School (West)
6. Stamford Collegiate
7. Port Colborne High School (Port)
8. St. Catharines Collegiate
9. Welland Centennial Secondary School (Cent)
10. Lifetime Learning Centre
   + Eden High School (Eden)

See page 1 for location addresses and phone numbers.
To recognize learning which takes place outside the classroom, the Ministry of Education allows the awarding of equivalency credits to Mature Students (persons 18+ and out of school for at least one year). All applicants for equivalency standing must earn a minimum of the last four credits (these credits must be at the Senior Level – Grade 11 or 12) after becoming a mature student, before a diploma will be issued. Assessments for diploma requirements are completed on an individual basis, and require a transcript of your credits from your last school. Consideration may be given for Work and Life Experience (maturity credits) and through Prior Learning Assessment and Recognition (PLAR). Further diploma requirements may need to be satisfied and will be discussed after your assessment.

Please note that many employers in the Niagara Region require applicants to have a high school diploma to be considered for offers of employment.

FOR MORE INFORMATION AND COUNSELLING CALL: 905-687-7000

## eLEARNING PROGRAM
For mature students and part-time high school students who wish to earn high school credits while studying independently online, at your own pace.

Individuals enrolled in eLearning must have regular access to a computer with internet access to be successful in this program.

**Fees:**
A non-refundable fee of $50 (cash only) is required for registration.

**Course Enrolment:**
September 28, 2015 – February 26, 2016
Courses end: May 4, 2016

For more information about registration please call: 905-687-7000.

The Adult & Community Education eLearning program is different than the e+Learning offered through high schools. For more information on e+Learning, please contact your school's guidance department.

## SELF-STUDY PROGRAM
For mature students and part-time high school students who wish to earn high school credits while studying independently. Work at home on independent learning materials, at your own pace. Continuous intake program.

**Fees:**
$100 cash only registration fee (cheques will not be accepted).
$80 will be refunded within 3-4 weeks, after all materials have been returned.

**Locations:**
St. Catharines Program at Lifetime Learning Centre
535 Lake Street
Mondays 6:00 – 8:00 pm
September 28, 2015 - May 2, 2016

Niagara Falls Program at Stamford C.V.I.
5775 Drummond Road
Wednesdays 6:00 - 8:00pm
September 30, 2015 - May 4, 2016

To book an appointment for the Niagara Falls or St. Catharines site please call: 905-687-7000.

## EDVANCE OUTREACH PROGRAM
For mature students not enrolled in a high school program who wish to earn high school credits in a supportive learning environment. Students complete self-paced credits, one at a time, to maximize success.

Students must be available to attend the program in their chosen community on the scheduled days at the scheduled times.

**Fees:**
A tuition-free program

**Course Enrolment:**
September 2015 – April, 2016
(continuous intake)

**Locations:**
Beamsville Port Colborne
St.Catharines Welland
Niagara Falls Fort Erie

To learn more about EdVance Outreach:
• If you are 18 – 20 years old, please contact your last DSBN secondary school guidance counselor for a referral.
• If you are 21 years old and older, or did not attend a DSBN high school, please contact the EdVance Outreach Counselor at 905-646-3737 or at EDVANCE@dsbn.org

VISIT OUR WEBSITE:
www.dsbn.org/community
The following Credit Courses are SEMESTERED

**Evenings:** Tuesday & Thursday  
**Time:** 6:30 p.m. to 9:30 p.m.  
**Duration:** February 23, 2016 to June 9, 2016  
**No Classes:** March Break  
**March 14, 2016 - March 18, 2016**  
**Location:** St. Catharines Collegiate  
34 Catherine Street

Students will only be contacted if a course is CANCELLED. Students can only register for one night school credit course per semester. A minimum enrolment of 22 students is required for a course to be offered. The District School Board of Niagara reserves the right to terminate, combine or offer an alternative mode of delivery (such as correspondence/online materials) to any course in which enrolment falls below the acceptable level.

**Course Fee:**  
There is NO FEE to take a credit course at night school.

**Walk in Registration & Counselling**  
is available if you are not attending a day school program, to discuss requirements for the Ontario Secondary School Diploma. In person registration will be on Tuesday February 16, 2016 6:00-8:00 pm at St. Catharines Collegiate. (Please bring your credit counselling or transcript)

**Day School Students**  
Day school students require a Night School Registration form, signed or approved by their day school Principal, for each course request. These forms are available from your Guidance office. Completed forms are to be sent from the Guidance office of your day school.

**TEXTBOOK DEPOSIT**  
Students may be required to pay a textbook deposit. If a textbook is required for the course, your teacher will collect your deposit in class. When you return the textbook you will be mailed a cheque for the full amount of your deposit.

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**CHALLENGE AND CHANGE IN SOCIETY (HSB4U)**  
**UNIVERSITY PREPARATION**  
Students will critically analyse how and why cultural, social and behavioural patterns change over time. They will explore the ideas of social theorists and use those ideas to analyse causes of and responses to challenges such as technological change, deviance and global inequalities. Students will explore ways in which social science research methods can be used to study social science. 
Prerequisite: Any University, University/College preparation course in Social Sciences and Humanities, English, or Canadian & World Studies.

**ARABIC (LYBAD/LYBBD)**  
The main objective of this course is to improve writing skills through usage and sentence structure. Selected models of essays, short stories and poetry will develop speaking skills as well as reading and listening to diverse types of Arabian language. 
Prerequisite to take LYBBD is LYBAD

**ENGLISH (ENG3C)**  
**COLLEGE PREPARATION**  
This course emphasizes the development of literacy, communication, and creative thinking skills. An important focus will be on using language with precision and clarity. 
Prerequisite: ENG2P

**ENGLISH (ENG4C)**  
**COLLEGE PREPARATION**  
Students will analyse a variety of informational and graphic texts, as well as literary texts from various countries and cultures, and create oral, written, and media texts in a variety of forms. 
Prerequisite: ENG3C

**ENGLISH (ENG4U)**  
**UNIVERSITY PREPARATION**  
Students will analyse a range of challenging literary texts from various periods, countries, and cultures; interpret and evaluate informational and graphic texts; and create oral, written, and media texts in a variety of forms. 
Prerequisite: ENG3U

**ONTARIO SECONDARY SCHOOL LITERACY COURSE (OLC40)**  
This course is designed to help students acquire and demonstrate the cross-curricular literacy skills that are evaluated by the Ontario Secondary School Literacy test. Students who successfully complete the Literacy Course will meet the provincial literacy requirement for graduation.

**MATHEMATICS - Foundations for College (MBF3C)**  
Students will extend their understanding of quadratic relations; investigate exponential growth; solve problems involving compound interest, and financial concerns with vehicle ownership; develop their ability to reason by collecting, analysing, and evaluating data involving one variable; connect probability and statistics; and solve problems in geometry and trigonometry. 
Prerequisite: MFM2P

**MATHEMATICS OF COLLEGE TECHNOLOGY (MCT4C)**  
**COLLEGE PREPARATION**  
Students will investigate and apply properties of polynomial, exponential, and trigonometric functions and continue to extend their knowledge of functions. 
Prerequisite: MCF3M

**MATHEMATICS-DATA MANAGEMENT (MDM4U)**  
**UNIVERSITY PREPARATION**  
Students will apply methods for organizing large amounts of information, solve problems involving probability and statistics; and carry out a culminating project that integrates statistical concepts and skills. 
Prerequisite: MCR3U or MCF3M

**MATHEMATICS - ADVANCED FUNCTIONS (MHF4U)**  
**UNIVERSITY PREPARATION**  
Students will investigate and apply properties of polynomial, rational, logarithmic, and trigonometric functions, broaden their understanding of rates of change, and develop facility in applying these concepts and skills. 
Prerequisite: MCR3U or MCT4C

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For further course information  
[www.dsbn.org](http://www.dsbn.org)  
Schools  
Secondary Course Calendar

To register or view updated information for a Night School Credit courses go to  
[www.dsbn.org/community](http://www.dsbn.org/community)  
NIGHT SCHOOL CREDIT COURSES  
To register online or to print a registration form  
[www.dsbn.org](http://www.dsbn.org)
MATHMATICS - CALCULUS & VECTORS (MCV4U)
UNIVERSITY PREPARATION
This course builds on students' previous experience with functions and their developing understanding of rates of change. This course is intended for students who plan to study mathematics in university and who may choose to pursue careers in fields such as science, engineering, economics, and some area of business. Prerequisite: MHF4U

BIOLOGY (SBI3C)
COLLEGE PREPARATION
Students will learn concepts and theories as they conduct investigations in the areas of cellular biology, microbiology, genetics, the anatomy of mammals, and the structure of plants and their role in the natural environment. Prerequisite: SNC2P or SNC2D

BIOLOGY (SBI3U)
UNIVERSITY PREPARATION
Students will study theory and conduct investigations in the areas of biodiversity, evolution, genetic processes, the structure and function of animals, and the anatomy, growth and function of plants. Prerequisite: SNC2D

BIOLOGY (SBI4U)
UNIVERSITY PREPARATION
Students will study theory and conduct investigations in the areas of biochemistry, metabolic processes, molecular genetics, homeostasis, and population dynamics. Prerequisite: SBI3U

CHEMISTRY (SCH3U)
UNIVERSITY PREPARATION
Students will study the properties of chemicals and chemical bonds, chemical reactions and quantitative relationships in those reactions, solutions and solubility, and atmospheric chemicals and the behaviour of gases. Prerequisite: SNC2D

CHEMISTRY (SCH4C)
COLLEGE PREPARATION
Students will study organic chemistry, electrochemistry, chemical calculations, and chemistry as it relates to the quality of the environment. Prerequisite: SNC2P or SNC2D

CHEMISTRY (SCH4U)
UNIVERSITY PREPARATION
The focus is on the study of organic chemistry, the structure and properties of matter, energy changes and rates of reaction, equilibrium in chemical systems, and electrochemistry. Prerequisite: SCH3U

PHYSICS (SPH3U)
UNIVERSITY PREPARATION
Students will explore kinematics, with an emphasis on linear motion, different kinds of forces, energy transformations, the properties of mechanical waves and sounds, and electricity and magnetism. Prerequisite: SNC2D

PHYSICS (SPH4U)
COLLEGE PREPARATION
Students will explore the concepts of physics with respect to motion; mechanical, electrical, electromagnetic, energy transformation, hydraulic, and pneumatic systems, and the operation of commonly used tools and machines. Prerequisite: SNC2P or SNC2D

PHYSICS (SFH4U)
UNIVERSITY PREPARATION
Students will continue their exploration of energy transformations and the forces that affect motion, and will investigate electrical, gravitational, and magnetic fields and electromagnetic radiation, the wave nature of light, quantum mechanics, and special relativity. Students will study the impact of technological

Night School Applications are available at www.dsbn.org/community

Community Night School Credit Courses

For further course information www.dsbn.org
Schools Secondary Course Calendar

NEW NIGHT SCHOOL CREDIT COURSE

HOSPITALITY & TOURISM (TFJ3C)
This credit course is Semestered and can be used as a Co-op Credit or SHSM Hospitality & Tourism Credit

Location: St. Catharines Collegiate and Fort Erie Secondary School

Duration: a semestered credit course (September to January) (February to June) that will take place in the evenings between Monday and Friday. The course schedule will be determined by the program teacher before the start of the program.

This course enables students to develop or expand knowledge and skills related to hospitality and tourism, as reflected in various sectors of the tourism industry. Students will learn about preparing and presenting food, controlling inventory, serving and restaurant management, and marketing and managing events and activities, and will investigate customer service principals. Students will develop an awareness of health and safety standards, environmental and societal issues, and career opportunities in the hospitality and tourism industry.

To request your Ontario Student Transcript:

If you are a former student of the DSBN and have been out of school LESS THAN 5 YEARS, Contact your former Secondary School for your official transcript.

If you are a former student of the DSBN and have been out of school MORE THAN 5 YEARS or your school is now closed go to www.dsbn.org and click on Community and then click on Get Your Transcript or call Transcript Services at 905-641-2929 ext. 54157 for more information.

If your last school attended was not a DSBN school please contacts the last school you attended to request your transcript.
### WELLAND

Half-day, tuition-free program *(total of 6 credits available over 2 terms)* in introductory to advanced Microsoft Office 2010 (including Word, Excel, Access, PowerPoint); Windows 7; Internet; Email; Accounting; Windows Movie Maker; and Desktop Publishing with MS Word and MS Publisher; and career skills.

February 8 - June 23rd, 2016
8:20 am - 12:15 pm Monday – Friday

**REGISTER** by attending an information session

Centennial Secondary School, 240 Thorold Rd. W., Welland Room 226
Email Roberta.Debra@dsbn.org or call 905-735-0700 x.60711

### FORT ERIE

Half-day, tuition-free program *(total of 6 credits available over 2 terms)* in introductory to advanced Microsoft Office 2010 (including Word, Excel, Access, PowerPoint); Windows 7; Internet; Email; Desktop Publishing with MS Word and MS Publisher; Accounting; and career skills. Co-op may be available.

February 8 - June 23rd, 2016
8:25 am - 12:15 pm Monday – Friday

**REGISTER** by attending an information session

Fort Erie Secondary School, 7 Tait Avenue, Room 1014
Email John.Kohinski@dsbn.org or call 905-871-4610 x.61923

### PORT COLBORNE

Half-day, tuition-free program *(total of 6 credits available over 2 terms)* in introductory to advanced Microsoft Office 2010 (including Word, Excel, Access, PowerPoint); Windows 7; Internet; Email; Web Page design; Windows Photo Story and Desktop Publishing with MS Word and MS Publisher; Accounting; and career skills. Co-op may be available.

February 8 - June 23rd, 2016
8:30 am - 12:15 pm Monday – Friday

**REGISTER** by attending an information session

Port Colborne High School, 211 Elgin St, Port Colborne, Room 321
Email Matt.Moyer@dsbn.org or call 905-835-1186 x.64242

### NIAGARA FALLS

Half-day, tuition-free program *(total of 6 credits available over 2 terms)* in introductory to advanced Microsoft Office 2010 (including Word, Excel, Access, PowerPoint); Windows 7; Desktop Publishing with MS Word and MS Publisher; Internet; Email; Web-Page Design and career skills.

February 8 - June 23rd, 2016
8:45 am - 12:15 pm Monday – Friday

**REGISTER** by attending an information session

Westlane Secondary School, 5960 Pitton Rd., Niagara Falls Room 1077
Email Patti.Baker@dsbn.org or call 905-356-2401 x.66735

### GRIMSBY

Half-day, tuition-free program *(total of 6 credits available over 2 terms)* in introductory to advanced Microsoft Office 2010 (including Word, Excel, Access, PowerPoint); Windows 7; Internet; E-mail; Social Media; Webpage design; Desktop Publishing with MS Word and MS Publisher; Internet; Email; Web-Page Design and career skills. Co-op may be available.

February 8 - June 23rd, 2016
8:45 am - 12:30 pm Monday – Friday

**REGISTER** by attending an information session

Grimsby Secondary School, 5 Boulton Ave. Grimsby Room 422
Email Rob.Jagatic@dsbn.org or call 905-945-7733

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**ARE YOU ELIGIBLE FOR FUNDING?**

You may be eligible to receive funding or income support for your participation in many of the Business, Computers, Career and Certificate programs offered through the DSBN. Your eligibility may depend on your chosen occupational goals and/or individual needs. Some sources of individual funding include Employment Ontario (Second Career and Ontario Skills Development), Aboriginal Funding, Ontario Works (OW), Ontario Disability Support Program (ODSP), Workplace Safety and Insurance Board (WSIB), or Work Link (NCIL).

Please contact your employment counselor or caseworker for more information on your eligibility.

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The DSBN reserves the right to change the curriculum from listing. *Minimal activity fee and/or refundable book deposit may apply.*

www.dsbn.org/community  |  district school board of niagara |  905-687-7000
Lifetime Learning Centre...

Whatever your path, whatever your goal, Lifetime Learning Centre will help you get there.

**Credit, Career and Certificate Training**

If you want to complete your high school diploma, pursue a personal interest, explore new career options or expand your knowledge and skills to help re-enter the work force, Lifetime Learning Centre offers innovative programs and supports to help you achieve your goals.

Lifetime Learning Centre is a DSBN school that serves adult learners who are 18 and older. Our tuition-free programs are delivered by Ontario Certified Teachers and are designed to meet the unique needs of adult learners.

**What’s Unique About Lifetime Learning Centre?**

**A Diploma May Be Closer Than You Think**

An individualized assessment by our expert counselors will help determine if you are eligible for an accelerated process to complete your Ontario Secondary School Diploma. Recognition may be given for Work & Life Experiences, and for Prior Learning.

**Tuition-Free, Flexible Programming**

Upgrade your skills or retrain for a new career with our flexible, tuition-free programs. If you are interested in continuing to work while in school, there may be an opportunity to earn and learn through Cooperative Education.

**A Team that Works for Your Success**

Our Ontario Certified Teachers understand and teach to a variety of different learning styles. We offer additional support through expert counseling, flexible programming and childcare at an onsite daycare.

**A Friendly, Welcoming Environment**

We understand the unique needs of adult learners, and we offer support, flexibility and friendship as we work with you to achieve your learning goals.

**Specialized & Generalized Programs**

We offer specialized certificate programs in Computer Software and in Personal Support Worker Training, in addition to courses in Math, Science, English, and Social Sciences. Attend an information session to find out more.

Get started today!

**Attend an information session:**
January 6, 13, 20, 27 at 1:00pm and every Wednesday thru May

Lifetime Learning Centre
535 Lake St., St. Catharines

**Call us:** (905) 646-3737
**Visit our website:** www.lifetimelearning.ca
**Email us:** LLC@dsbn.org
**Find us on Facebook:** www.facebook.com/LifetimeLearning

[DSBN logo]
PERSONAL SUPPORT WORKER (PSW)

A Personal Support Worker is someone who provides direct personal and health care assistance to the aged, chronically ill or disabled including all age groups. There is a growth trend in the demand for Personal Support workers in long term care facilities, in community (home) care environments, and in hospitals. For the past several years, the District School Board of Niagara has graduated hundreds of individuals with an average of 90% placement rate into jobs in the Niagara Region now paying $12-$19 per hour.

The Personal Support Worker Program provided by the DSBN has met all professional and educational requirements as outlined by the PSW Education Program Standards and is ACCREDITED. In addition, the program meets the curriculum requirements for high school credits as set by the Ministry of Education.

Our PSW teachers are certified by the Ontario College of Teachers and are R.N.s or R.P.N.s. Join the many others who have earned their high school diploma, gained valuable work skills, and become employed as a Personal Support Worker.

Funding from various sources may be available if eligible (see Funding Note page 6.)

For information on Registration, please attend an information session for your preferred site.
All PSW programs run from September through June. PSW programs fill quickly. Recruitment begins annually in March.

PSW Complete Programs

<table>
<thead>
<tr>
<th>Lifetime Learning Centre</th>
<th>Port Colborne High School</th>
<th>Westlane Secondary School</th>
</tr>
</thead>
<tbody>
<tr>
<td>535 Lake Street, St. Catharines</td>
<td>211 Elgin Street, Port Colborne</td>
<td>5960 Pitton Road, Niagara Falls</td>
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<tr>
<td>March 23, 2016 at 1:00 pm</td>
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<td>April 20, 2016 at 1:00 pm</td>
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TRANSITION TO EMPLOYMENT

For individuals with disabilities. TTE is a program that assists individuals 16+ years of age, who have a disability, to gain access to employment opportunities. It prepares applicants for employment during one-on-one sessions with an employment counsellor followed by a 1-5 week on-site trial period with an employer. Scheduling is flexible. The program is approved by the Ontario Disability Support Program.

It’s for you if you want to work! Multiple intakes throughout the year.
Call 905-682-0756 for information or email TTE@dsbn.org

WELDING CERTIFICATION PROGRAM

Does this sound like you:

- 18 years of age or older
- Enjoy working with your hands
- Enjoy learning new skills
- Looking to improve your employment prospects

If so, a career in welding may be the right choice for you. This training program is for individuals interested in learning Welding Fundamentals. The program meets curriculum requirements for high school credits and has been designed based on supports from the Canadian Welding Bureau to earn participants the Certification they need for employment.

This exciting new program is expected to fill quickly. The Program is scheduled to run February 16 - June 17, 2016.

For more information, email CommunityEd@dsbn.org or call 905-687-7000

Information Sessions
Grimsby Secondary School
5 Bolton Ave., Grimsby
Wednesday January 27 - 2:00 pm
Wednesday February 3 - 2:00 pm
Wednesday February 10 - 2:00 pm
LITERACY AND BASIC SKILLS
We specialize in programs for individuals who are:
• Developmentally Disabled • Deaf or Hearing Impaired
• Learning Disabled
For individuals 19yrs+ who want to learn skills to take on new opportunities in the community, employment and education
We offer: • Assessment of skills • Reading assistance
• Computer training • Links to employment programs
• Goal setting • Writing assistance • Math
• Small group instruction
Call Shirley Henley at 905-988-1450 x. 2 for more information.

LEARN SKILLS FOR NEW OPPORTUNITIES

ENGLISH AS A SECOND LANGUAGE (ESL)
For New Canadians, 18 years of age and over.
English as a Second Language (ESL) non-credit classes are available as day or evening courses. Offered at various levels of proficiency, for individuals who wish to improve English language skills. Daycare is available at some centres.

NIAGARA FOLK ARTS MULTICULTURAL CENTRE
85 Church Street, St.Catharines 905-685-6589
WELLAND HERITAGE COUNCIL & MULTICULTURAL CENTRE
26 East Main Street, Welland 905-732-5337
For Niagara Falls Programs, please contact Welland office
YMCA LANGUAGE ASSESSMENT CENTRE (CLARS)
YMCA Newcomer Services provide language level assessment and referral to appropriate programs. 289-213-5311

INTERNATIONAL LANGUAGES
For Elementary-aged students SK to Grade 8
International Language instruction is provided to all elementary children living in the Niagara Region whose parents/guardians would like them to learn a language other than English or French. The programs are offered after school and on weekends at various schools and locations in the Niagara Region. Please call the phone number listed with the language offered to see where it is held and how to register your child for the class. Classes are held September to June and students can register any time through the school year.

ARABIC
Islamic Society of St. Catharines 289-668-7771
Islamic Society of St. Catharines 905-641-8007
Niagara Falls Sudanese Community 905-354-9674
Al Mahdi Islamic Organization 905-359-8191

ARMENIAN
Armenian Relief Society 905-682-6178

CHINESE
St. Catharines Chinese School 905-685-1112

GERMAN
Niagara German School 905-468-7158

GREEK
Greek Community of St. Catharines 905-685-3028
Greek Community of Smithville 905-945-1398

KOREAN
Niagara Korean Language School 905-938-0609

POLISH
Canadian Polish Society 905-938-1781

SERBIAN
Serbian School 905-321-8201

SPANISH
Latin American Club of Niagara 905-646-5676
Latin Immigrant Niagara Community Assoc. 905-988-6070

ARE YOU PART OF A CULTURAL GROUP?
Would your group like to teach a language to elementary students?
Any cultural group that is interested in facilitating Elementary aged International Language classes are encouraged to contact the Adult and Community Education office at 905-687-7000 ext. 61700.

VISIT OUR WEBSITE:
www.dsbn.org/community
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**ARTS, CRAFTS & MUSIC**

For further course information [www.dsbn.org](http://www.dsbn.org)
Schools Secondary Course Calendar

Night School Applications are available at [www.dsbn.org/community](http://www.dsbn.org/community)  
Adult & Community Education Night School Credit Course Forms  
Course Registration Form

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**Physical Activity Disclaimer:**
It is recommended you consult your health professional if you have any exercise restrictions or concerns. In choosing to participate in the physical activity, you agree that, to your knowledge, you have no limiting physical conditions that would preclude physical activity of this nature.
interest courses arts, crafts, music and dance

ARTS, CRAFTS, & MUSIC

BAGPIPING
AGES 8 - ADULTS
Course No. 3705*
An incredible opportunity to learn this demanding and unique instrument. Students will learn the basics on a practice chanter, providing them with the foundation to move on to the study of the full bagpipe. Material fee covers purchase of chanter and songbook.

BELLY DANCING
Course No. 3760
Learn the basic movements of this effective and enjoyable form of exercise and develop a positive self-image.

BIRTHDAY CARD WORKSHOP
Course No. 3833*
Spend an evening making Birthday cards for everyone you know! We will explore different techniques to make up to 9 cards.

CARD MAKING
Course No. 3834
The basics of card making and design will be taught. The use of card stock, rubber stamp and die cutting will be explored. Designing cards, gift bags and tags for all occasions. An extra $25 fee will be collected first class to pay for materials. Teacher will provide adhesive.

FLORAL DESIGN – INTERMEDIATE
Course No. 3813
Advanced floral design will focus on high style and hand tieds, Victorian and garden themes. A small extra weekly charge will be applied to cover floral costs.

FLORAL DESIGN - INTRODUCTION
Course No. 3812
The basics of floral design will be taught. The use of fresh and artificial flowers will be demonstrated. Designing bud vases to everyday centrepieces. Cost of flowers extra, payable each class.

FLORAL DESIGN: WEDDINGS
Course No. 3814
This 5 week course will teach, using fresh & artificial flowers, wedding bouquets, corsages, hand ties, centrepieces, and pew bows. Previous floral courses an asset but not mandatory. Cost of flowers extra, payable each class.

GUITAR – ADULTS BEGINNERS
Course No. 3766, 3816
Learn guitar basics such as tuning, cords, notes, rhythm and more. Bring your own guitar.

GUITAR – ADULTS INTERMEDIATE
Course No. 3817
This course works off the fundamentals of the beginner’s class. It is strongly recommended to have taken Beginners Guitar first. Focus on learning songs and refining techniques from the previous class. Bring your own guitar.

GUITAR – ROCK/BLUES
Course No. 3819
Learn the basics of classic blues and rock rhythms, four bar progressions, scales, and solo improvisation with acoustic and electric guitars, with the use of the slide. Some guitar experience is necessary. Bring own guitar.

JAZZ / HIP HOP AGES 7-13
Course No. 3713
This is for kids that are energetic and love to move to popular contemporary music. Instruction on the basics of Jazz and Hip-Hop steps, styles and movements will lead to gaining confidence and having fun on the dance floor.

JAZZ / HIP HOP AGES 6-12
Course No. 3863
This is for kids that are energetic and love to move to popular contemporary music. Instruction on the basics of Jazz and Hip-Hop steps, styles and movements will lead to gaining confidence and having fun on the dance floor.

MUSIC PERFORMANCE
Course No. 3772
Students enrolled in the course will work together learn and perform as a group. Knowledge of any instrument is welcomed. It is a recommendation (not a requirement) that students enrolled in this class also enroll in song writing.

MUSIC THEORY
Course No. 3774
Music theory is a course based on what is really behind the music. It is an interest course that involves little playing of instruments and more listening to the ideas and notes that make music popular.

PERCUSSION – INTRODUCTION
Course No. 3775
Using their own practice drum pads and sticks, students will learn the basics of how percussion music is arranged and performed from a professional drummer.

PHOTOGRAPHY – ADVANCED DIGITAL
Course No. 3800, 3821
Learn the advanced tricks of the trade from a professional photographer that will take your digital images from every day to stunning professional quality. This course also involves out of class excursions to experiment with different situations.

PHOTOGRAPHY – BEGINNERS
Course No. 3840
The course will cover applications of a variety of lenses, the hot shoe flash and tripod. You will use and apply the manual and semi-manual camera modes, and metering methods. You will also analyze the impact that f/stops, shutter speeds, depth-of-field and colour theory have on photographic images. Please bring your own DSLR camera for use.

PHOTOGRAPHY – BEGINNERS DIGITAL
Course No. 3756, 3858, 3860
Lighting, depth of field, aperture, shutter speed and I.S.O. are just some of the many skills addressed. Digital camera and memory card are required. DSLR Camera recommended.

PHOTOGRAPHY – SHOOT & POINT
Course No. 3776
Learn how to use all the various pre-sets on your camera to take stunning photos! Point and Shoot as well as DSLR’s welcome in this class that teaches you to have a creative eye.

SCRAPBOOKING – INTRODUCTION
Course No. 3841
For beginner scrapbookers. Learn the lingo, techniques and how to use all the tools to create a lasting memory with your photos. Learn about cropping, embellishing, journaling, layering, matting, double layouts, linking and stamping. Learn about making cards and mini albums. Material fee of $30.00 to be collected first night.

SEWING – BEGINNERS
Course No. 3825*
Students will learn basic skills & grow in confidence to start a sewing hobby. Several small projects will be completed ranging from a tote bag to refashioning a thrift store find. Machine & hand sewing. Students are allowed to bring their own sewing machine.

VISIT OUR WEBSITE:
www.dsbn.org/community
interest courses

SKETCHING & DRAWING FOR ADULTS - BEGINNERS
Course No. 3777*, 3778*
Learn the basics of drawing and sketching in this hands-on course. Understand the basics of drawing, the tools of the trade, and how to use them.

SKETCHING & DRAWING FOR ALL AGES
Course No. 3719*
Both children and adults can join this class with a focus on artistic techniques that will appeal to everyone. Materials and direction will be varied to suit different age groups.

SKETCHING & DRAWING AGES 7-13
Course No. 3779*
This course focuses on basic drawing technique. Sketch pad, pencils and eraser required.

SONG WRITING
Course No. 3783
Learn the various steps involved in creating a song from a professional musician. This course focuses on the creation of lyrics and structure more than melody. Knowing how to play an instrument is NOT a requirement.

STAINED GLASS BEGINNERS/ADVANCED
Course No. 3755
Learn the basics of stained glass using the copper foil technique. Instruction includes, design, cutting, grinding, foiling, soldering and finishing techniques. Students can complete several projects of their own designs at their own pace.*There is an additional fee for the “Starter Kit” if required.

THEATRE GAMES AGES 7-13
Course No. 3720
Students will be introduced to dramatic techniques such as tableaux, mime, and mask work, developing voice and movement skills. Fun activities and games build kids’ confidence through performance in small and large group settings.

UKULELE – BEGINNERS
Course No. 3790
Learn and practice the basics of this fun and increasingly popular instrument, including tuning, strumming, chords, songs, and more. Bring your own ukulele.

COMPUTERS

COMPUTER ANIMATION BEGINNERS – AGES 8-14
Course No. 3761*
Learn to create and edit fantastic 2-D objects and images like a professional under the step-by-step instruction of a professional animator.

COMPUTER ANIMATION & PROGRAMMING FOR KIDS AGES 8-14
Course No. 3801*
Enjoy creating your own animated games and learn computer programming simultaneously in a fun and creative way. Learn through playing and develop your favourite skills (e.g. drawing, music, art, and more), Discover your own potential with this technology developed by the Lifelong Kindergarten from M.I.T.

COMPUTERS - BASIC OPERATIONS BEGINNERS
Course No. 3802*
Learn basics of computer operations including email, web browsing, Skype, and MS Office.

COMPUTERS – BEGINNERS
Course No. 3706*, 3709*
For those with little or no computer experience. Learn how to use email, the Internet, word processing and more.

COMPUTERS – BEYOND BEGINNERS
Course No. 3710*
For those already in possession of basic computer understanding and wishing to explore the finer points of document creation, web and social media usage, and other elements for applying computers skills to personal or business needs.

COMPUTERS FOR SENIORS
Course No. 3747*
Learn basics of computer operations including email, web browsing, Skype, and MS Office.

COMPUTERS FOR SENIORS
Course No. 3748*
This course is for people with very little or no computer experience. The teacher will take you through the basics of computers; e-mail, google, maps, e-cards, photos, attachments and more. This promises to be an interesting course in a very relaxed atmosphere.

GARAGE BAND – INTRODUCTION
Course No. 3762*
Garage Band is a musical composition tool from Apple. Learn to use Garage Band to create and produce musical compositions electronically. Must have an iPad or MacBook computer that has Garage Band installed.

HANDHELD SMART DEVICES INTRODUCTION
Course No. 3769*
So, you got a smart device? Now what? Learn to use your iPhone, iPad or Nexus device beyond Facebook and e-mail. Topics include: photos & video, device security, the mobile office.

IMOVIE – INTRODUCTION
Course No. 3770*
imovie is a program that can be used to create anything from basic picture slideshows to movie trailers and beyond using your own home videos or photos. The course will focus on the creation of both slideshows and videos using this program. Must have an iPad or MacBook computer with iMovie installed.

MICROSOFT EXCEL – LEVEL 1
Course No. 3838*
Course will take you through the different menus and basic function of Excel. Basic keyboarding skills are an asset but are not required for this introductory course. Students will learn how to produce spreadsheets, calculations, merging of cells etc.

MICROSOFT OFFICE BASICS
Course No. 3804*
A survey course with two sessions each on Word, Excel, PowerPoint, and Access.

MICROSOFT OFFICE 2010
Course No. 3773*
Become proficient in essential tasks in Word, PowerPoint, and Excel. Topics include document formatting, embedding media, tips for effective presentations, and how to perform helpful spreadsheet functions for budgeting, personal finance, or statistics.

MICROSOFT WORD – LEVEL 1
Course No. 3839*
Course will take you through the different menus and basic functions of Word. Basic keyboarding skills an asset but are not required for this introductory course. Students will learn how to produce word documents, letters, posters etc.

For locations, dates, times and course fees, refer to the charts on pages 10-11.

*Material costs are extra.
COMPUTERS (cont’d)

MICROSOFT WORD/EXCEL BEGINNERS
Course No. 3714*
Course will take you through the different menus and basic functions of Excel and Word. Basic keyboarding skills an asset but are not required for this introductory course. Students will be shown how to produce spreadsheets and/or letters.

MOBILE DEVICES OPERATION
Course No. 3805*
Learn the use of mobile devices in different mobile platforms (Android, Apple, Windows). From tablets to smart phones and apps, this course will provide a way to master the use of these popular technologies.

PHOTOSHOP ELEMENTS INTRODUCTION
Course No. 3822*, 3823*
Learn how to manipulate photographs, do touch ups, changing of backgrounds, colours, etc in images

SOCIAL MEDIA – INTRODUCTION
Course No. 3782*
Learn the ins and outs of Social Media, going beyond the basic usage that the majority of people employ, while also learning about how to protect yourself online. Specific focus will be on Facebook, Twitter, and LinkedIn.

WEBSITE DESIGN – INTRODUCTION
Course No. 3797*
For business purposes or for your own personal creations. Learn how to take control of web design programs and do more than just copy a template.

FOR THE LOVE OF LEARNING

COOKING FOR NEWBIES
Course No. 3806
A combination of demonstrations and hands-on experiences will equip you to become more comfortable in the kitchen. Come out and expand your food horizons! *Cost for food will be collected in class.

DESSERTS & PASTERIES
Course No. 3807
A fun filled yet simple and sweet experience from apple pie to zucchini breads. Come join us for a baking tour from around the globe. Hands on and demonstrations. *Small extra weekly charge for food costs.

GARDEN SPROUTS – AGES 5-10
Course No. 3861
Observe, Discover and Explore in the green house! This class introduces children to the love of gardening. Kids will get to start seeds, grow veggies, flowers and do herb gardens and take it all home. Come get your hands dirty! * a small fee will be collected to cover costs.

INTERNATIONAL FLAVOURS
Course No. 3820
Join us for a culinary tour of various ethnic foods from around the world.**Small extra weekly charge for food costs.

MATH FOR PARENTS
Course No. 3771
Do you have a student heading into grade 6, 7 or 8 and want to support their math? Sessions include reviewing math topics, introduction to math tools, information on the Ontario curriculum, and how students learn math differently. All skills welcome.

PROVINCIAL LITERACY TEST PREP FOR PARENTS
Course No. 3824
Designed to provide parents with background knowledge of the Gr. 10 Ontario Secondary School Literacy Test (OSSLT) to help support and prepare their child for the assessment. Learn about the structure and design of the test, the nature of the reading and writing questions, as well as how answers are scored. This course will be particularly helpful for parents/guardians of children who are not familiar with the provincial assessment requirements, are new to Canada, or who have struggled with EQAO assessments in earlier grades.

HEALTHY LIVING, LIFESTYLE AND SPORTS

AQUAFIT
Course No. 3849, 3850
Join us for a fun exercise program in the pool. Emphasis is on cardiovascular fitness and toning.

AQUAFIT FOR KIDS – AGES 10-13
Course No. 3851
A fun exercise program for kids in the water. Children must be able to swim, a noodle will be used when in the deep end. This is not swim lessons but a fitness class for 30 minutes and free time for 30 minutes.

BADMINTON
Course No. 3746*
A fun night for anyone interested in playing badminton. All levels of players welcome. Improve your game while exercising and having fun. Bring your own racquet; shuttlecock provided.

BASKETBALL
Course No. 3758
An enjoyable night of scrimmage basketball for adult males who are looking for recreation, exercise and getting on the basketball court for a good game. Fitness attire and non-marking shoes required.

FITNESS BOOTCAMP
Course No. 3808
Get your metabolism going and your body fit by having fun. Uses a variety of circuit training, agility drills, core strengthening, and yoga stretches to get your body in shape!

FITNESS FOR SENIORS
Course No. 3809
A low impact circuit workout for Seniors designed to introduce fitness to seniors and build some cardiovascular endurance and muscle flexibility.

FITNESS CORE & MORE
Course No. 3810
A variety of exercise levels, focusing on toning abs & major muscle groups for physically independent adults seeking to maintain and improve an active lifestyle. Program includes a warmup, toning & cardio exercise formats including circuits, Tabata-style intervals, mat exercises, ending with stretching & relaxation exercises. Bring water bottle, comfortable runners, workout clothes, non-slip Pilates-type mat. Optional: small hand weights and towel.

VISIT OUR WEBSITE:
www.dsbn.org/community
GOLF – ALL LEVELS  
Course No. 3749, 3750  
Stay on top of your game or learn stance, grip and swing. Instructor will teach a variety of shot techniques. You must bring your own golf clubs.

KICKBOXING FOR KIDS – AGES 5-12  
Course No. 3853  
Kids will learn the basic moves of Kickboxing in this fun and energetic class. Instructed by Master in Taekwando.

MARTIAL ARTS FOR KIDS AGES 5-12  
Course No. 3854  
Participants will learn the basic principles of Taekwando, a Korean Martial Art of Self Defence. Emphasis is on building strength, character and leadership. Instructed by Master in TKD.

PILATES  
Course No. 3718  
Develop strength through core body exercises. Working back, abdomen and hips and increasing strength and flexibility.

PILATES – BEGINNER  
Course No. 3684  
Basic Pilates movements and exercises will form the basis for this introductory course. Designed to help develop core strength, work your back, abdominal and hips and increase strength and flexibility. No previous experience with Pilates necessary. You may bring your own Pilates mat or use one of ours.

STABILITY BALL BLAST  
Course No. 3855  
The Stability Ball will be utilized for cardio, toning and core work to produce a great calorie burning and sculpting workout. Lots of fun and suitable for all fitness levels. Please bring a stability ball, mat and water to class.

VOLLEYBALL CO-ED RECREATIONAL  
Course No. 3792  
A fun night for adults who have played some volleyball in the past.

YOGA  
Course No. 3697, 3701, 3702, 3703, 3704, 3799, 3847, 3848  
Study the discipline of Yoga while building strength, stamina and flexibility. Please bring a mat and blanket to class. Please pay close attention to date, time, location, and levels indicated in the index.

ZUMBA  
Course No. 3830, 3856, 3857  
A fusion of Latin music and aerobic/interval training that tones and sculpts the body. Please pay close attention to date, time, location, and levels indicated in the index.

SPANISH – CONVERSATIONAL BEGINNERS  
Course No. 3785*, 3786*, 3787*  
An introduction to the Spanish language and culture. Instructions will be taught using various day to day themes and you will discover a variety of resources to improve your Spanish.

SPANISH FOR TRAVELLERS BEGINNERS  
Course No. 3788*, 3827*, 3828*, 3829*  
In a relaxed atmosphere, focus on basic vocabulary and specific conversation and reading skills to enable students to travel within a Spanish speaking country and enjoy their stay.

SPANISH FOR TRAVELLERS INTERMEDIATE  
Course No. 3826*  
A continuation from the Spanish for Travellers - Beginners course. This course will enhance the student's level of vocabulary, verb usage, and conversational skills. Very helpful for frequent travellers and vacationers.

VISIT OUR WEBSITE:  
www.dsbn.org/community
Registrations must be received no later than January 27th, 2016. Registrations will be processed on a daily basis. FAX – 905-646-7042 – VISA or Mastercard only. MAIL - IN – Please complete the VISA/Mastercard payment information, or enclose cheque/money order (Payable to District School Board of Niagara); please send one cheque, per course, per participant. MAIL TO: ADULT & COMMUNITY EDUCATION, c/o LLC, 535 Lake St., St. Catharines, Ontario L2N 4H7

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Make your next function an event to remember.

Host it at one of Niagara’s public schools!

Any time of year, anywhere in Niagara.

The DSBN offers affordable, accessible quality spaces for rent across the Niagara Region.

From January to December, from Grimsby to Crystal Beach, DSBN facilities and equipment* are available at affordable rates for public rental.

Accessible rates, quality spaces.

If you are looking for a space to host your non-profit community groups or volunteer programs, the DSBN offers a significant price reduction on facility rentals.


Host a birthday party in the gym and let the kids play ball, have your corporate event in one of our conference rooms, or make use of our ample meeting space which features plenty of parking for your large community group. We’ve got the space you need to make sure your program or event is a success!

For a complete listing of available DSBN facilities, rental fees and to use our easy online booking system, visit:

www.dsbn.org/cuos

Community Use of Schools
at the District School Board of Niagara

Building vibrant, healthy communities by providing affordable, quality spaces for community use at our DSBN facilities.

*equipment rental varies by location and may be subject to additional fees
Finding a job just got easier!
If you’re unemployed, laid off or underemployed,
If you need education or training for a second career,
If you want to work in skilled trades,
If you’re new to Canada and the job market,

YMCA Employment & Newcomer Services can offer you:
• Individual support, consultations and leads for all job seekers
• Workshops in resume writing, interview skills and more
• Access to computers, Wi-Fi, printers, fax machines and other resources

Here’s what our clients are saying:

“The YMCA has provided me great help and guidance in acclimatizing to the Canadian work force and getting my career on track. I am grateful for the assistance I have received and recommend their services to all newcomers to Canada.”
- Jenelle Russell, St. Catharines

“I have gained the financial security I needed and am also blessed to work with really great people… I cannot express enough appreciation and gratitude for a hand up because that is all anyone really needs sometimes. The YMCA is about giving a hand up not a hand out.”
- Andrea Guyon-Curran, St. Catharines

“The news that I was accepted into the Second Career program was like a dream come true… Not only was I able to take the courses that were necessary for me to be marketable again as a technologist but now the financial burden of this journey was no longer a worry for my family… With the Y’s help I was able to start a new career, offering financial stability to my family and showing my children how important it is to never give up.”
- Stephanie Bernard, St. Catharines

Call or drop in for a consultation.
All services are free of charge.

getajobniagara.com

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